

## Review Article

# Next-gen solution: AI's influence on biomedical waste management practices

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### ABSTRACT

Artificial intelligence (AI) is revolutionizing the management of biomedical waste (BMW) by enhancing processes like segregation, collection, monitoring, and recycling. Traditional approaches often face inefficiencies that pose risks to both the environment and public health. AI-powered systems leverage advanced sensors and machine learning to boost accuracy, efficiency, and compliance. Innovations such as smart bins, predictive analytics, and real-time tracking streamline waste collection, while AI-driven sorting and robotics enhance the safety of recycling efforts. Internet of things (IoT) based monitoring enables continuous oversight, thereby minimizing hazards. However, challenges like high costs, data security concerns, and scalability issues persist. To achieve sustainable and effective BMW management solutions, collaboration, investment in AI infrastructure, and the establishment of regulatory frameworks are crucial.

**Keywords:** Artificial intelligence, Smart bins, Predictive analytics, Robotics in BMW management, Internet of things

### INTRODUCTION

Biomedical waste (BMW) management is a critical global concern due to its hazardous nature and the growing amount produced by healthcare facilities.<sup>1</sup> Traditional methods often struggle with issues like poor segregation and limited recycling, which can result in environmental pollution and health risks. Effectively managing this complex waste stream continues to be a major challenge for healthcare providers, environmental agencies, and regulatory authorities.

Recently, artificial intelligence (AI) has emerged as a promising solution, bringing advanced techniques to improve BMW management. AI-driven innovations, including smart segregation systems, real-time tracking, enhanced disposal methods, and ongoing monitoring, have greatly increased accuracy, efficiency, and compliance.<sup>2</sup> As shown in Table 1, integrating AI into various stages of biomedical waste management presents significant benefits compared to traditional methods.

### AI IN BMW SEGREGATION

Effective BMW segregation is essential for proper waste management, ensuring that hazardous materials are sorted correctly for safe treatment and disposal. By properly segregating waste, we can minimize cross-contamination, lower the risk of exposure, and improve recycling efforts. However, traditional segregation methods can be labor-intensive and are often susceptible to human error. AI-driven systems leverage machine learning models to accurately identify and sort BMW based on its composition and hazard level. These advanced systems use state-of-the-art sensors like near-infrared (NIR) spectroscopy, X-ray fluorescence (XRF), and hyperspectral imaging, enabling precise detection of materials such as plastics, glass, sharps, and infectious waste.<sup>3</sup>

The use of AI technology not only enhances the sorting process but also streamlines waste management operations. With their ability to learn continuously, AI

systems become increasingly effective over time, adapting to new waste types and changing segregation requirements. This results in better resource recovery, higher recycling rates, and improved overall management of biomedical waste. By reducing the need for human intervention, AI-driven segregation systems also lower exposure risks for healthcare workers, thereby enhancing safety and ensuring compliance with environmental regulations.

### AI IN BMW COLLECTION FROM HEALTH FACILITIES

Smart bin systems, equipped with IoT sensors, offer real-time information about fill levels and types of waste, allowing for more efficient and compliant collection routes and schedules for hazardous materials. Dynamic scheduling utilizes AI to modify collection times according to real-time information from traffic, weather, and waste generation trends in healthcare facilities. This approach ensures timely pickups and helps avoid the buildup of hazardous waste. Additionally, AI-powered demand prediction models employ machine learning to estimate biomedical waste generation by analyzing historical data and considering factors such as patient inflow and healthcare activities.<sup>4</sup> This enables more effective resource allocation and improved collection schedules. Predictive analytics play a crucial role in estimating waste volumes, which helps in planning and allocating resources effectively.

### AI IN BMW RECYCLING

The use of AI technologies is greatly improving the efficiency, accuracy, and safety of biomedical waste recycling by streamlining material identification, process control, quality inspection, and automation.<sup>5</sup> Accurate sorting of biomedical waste is crucial to avoid cross-contamination and guarantee proper treatment. AI-driven systems, which employ machine learning algorithms, computer vision, and advanced sensors like hyperspectral imaging, allow for the precise identification of various waste types, including sharps, plastics, and hazardous materials.<sup>6</sup>

Deep learning models, particularly convolutional neural networks (CNNs), play a crucial role in improving the speed and accuracy of sorting by identifying specific visual characteristics of waste items. This level of precision enhances recycling efficiency and lowers risks for human workers. By combining AI algorithms with real-time monitoring systems, recycling facilities can fine-tune operational parameters like sterilization temperature and chemical usage, thereby maximizing resource recovery and minimizing hazards.<sup>7</sup> It's essential to maintain the purity of recycled materials sourced from biomedical waste. By combining high-resolution imaging with AI algorithms, real-time monitoring of waste streams is possible, ensuring that non-recyclable or hazardous items are quickly recognized and removed. Furthermore,

advancements in sensor technology have significantly enhanced the accuracy of detecting pathogens and hazardous substances, thereby improving the safety and quality of recycled materials.<sup>8</sup>

The implementation of AI-driven robotics in biomedical waste management automates labor-intensive activities like sorting and handling hazardous materials, minimizing risks for human workers. Collaborative robots, known as cobots, are increasingly being used in conjunction with human operators to boost operational efficiency and safety. These advancements simplify waste management processes, reduce labor costs, and enhance adherence to safety regulations.<sup>9</sup>

### AI IN BMW MONITORING

Recent advancements in AI have revolutionized BMW monitoring by facilitating real-time data collection, predictive analytics, data-driven decision-making, and the integration of IoT along with sensor networks (Figure 1).

AI-powered real-time monitoring systems utilize sensors such as ultrasonic, load, and GPS trackers to gather data on BMW generation, segregation, and disposal. The insights gained from AI algorithms help healthcare administrators enhance waste segregation practices, allocate resources effectively, and ensure compliance with regulatory standards. Integrating AI with IoT devices and sensor networks allows for ongoing monitoring of BMW parameters, including fill levels, temperature, and contamination risks.<sup>10</sup> These systems enable smooth data transmission and real-time analysis, ensuring prompt interventions and preventing dangerous situations. IoT-based networks also improve interoperability among various waste management systems, facilitating comprehensive monitoring and optimization.

### CHALLENGES AND LIMITATIONS

While AI holds great promise for improving the management of BMW, there are several challenges and limitations that must be overcome for it to be effectively implemented. Major concerns include ethical issues, data quality, privacy risks, and the high costs associated with implementation. Additionally, integrating these technologies with existing waste management systems may require substantial investments in infrastructure.

Cost-effective solutions, such as cloud and edge computing, can help mitigate these financial and technical challenges. Collaborative initiatives among healthcare facilities, technology providers, and policymakers can further simplify infrastructure needs and reduce costs.

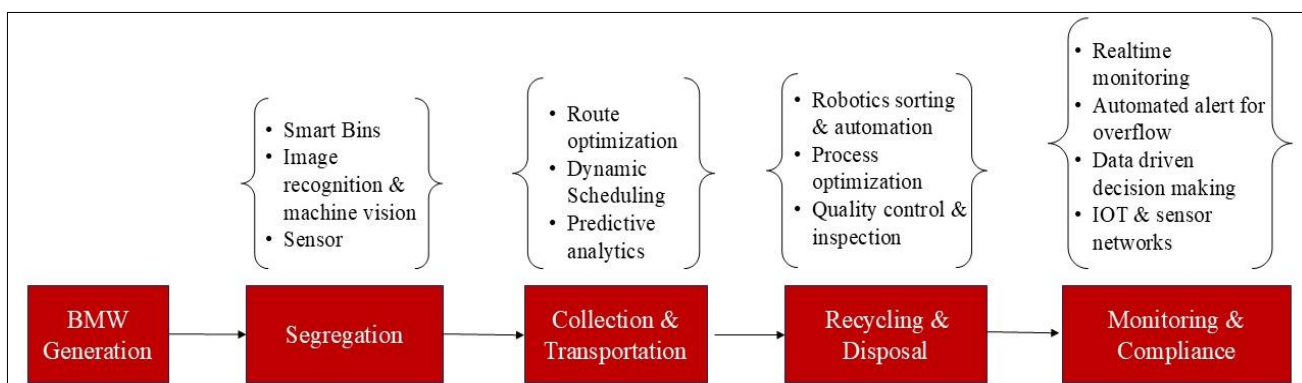
AI systems also face challenges related to scalability and adaptability. Hospitals vary widely in size, waste management needs, and available resources. Developing solutions that cater to diverse institutional requirements while maintaining cost-effectiveness is a complex task.

Furthermore, as regulations and waste management practices evolve, AI systems must be continually updated to remain compliant and effective, necessitating ongoing investment in system maintenance and upgrades.

Continuous training and refinement of AI models are essential to ensure they align with current and future waste management standards.

**Table 1: Impact of AI on different stages of biomedical waste management.**

Stage of BMW management	Traditional approach	AI-based approach	Key benefits
<b>Segregation</b>	Manual sorting based on color-coded bins	AI-driven computer vision and sensor-based sorting	Higher accuracy, reduced cross-contamination, improved compliance
<b>Collection</b>	Fixed schedules and manual tracking	AI-driven predictive collection and smart bins	Optimized scheduling, reduced overflow, cost-efficiency
<b>Transportation</b>	Manual route planning	AI-based route optimization and real-time adjustments	Reduced fuel consumption, timely collection, lower risk of hazardous exposure
<b>Disposal</b>	Manual verification	AI for compliance checks and automated process control	Minimizes regulatory risks, ensures proper treatment of hazardous waste
<b>Recycling</b>	Limited manual sorting and recycling	AI-driven material recognition and sorting	Increased recovery rates, reduced contamination, safer recycling processes
<b>Monitoring</b>	Periodic manual inspections	AI-based real-time monitoring using IoT sensors	Continuous tracking, early risk detection, improved compliance
<b>Data management</b>	Paper-based or manual digital reporting	AI-enabled automated reporting and analytics	Saves time, ensures accuracy, supports decision-making
<b>Compliance and regulatory adherence</b>	Manual compliance checks	AI-based compliance monitoring and alerts	Reduced penalties, improved adherence to regulatory standards
<b>Predictive BMW generation analysis</b>	Based on historical trends manually analysed	AI-driven predictive analytics	Accurate forecasts, proactive planning, resource optimization
<b>Risk assessment</b>	Manual risk assessments	AI-based predictive models and risk scoring	Early warning systems, enhanced safety, better preparedness
<b>Training and education</b>	In-person workshops and manuals	AI-powered e-learning platforms	Personalized training, on-demand access, improved retention
<b>Cost management</b>	Fixed budgeting based on historical data	AI for cost prediction and optimization	Reduced operational costs, optimized resource allocation



**Figure 1: Workflow of AI in BMW management.**

**CONCLUSION**

The use of AI in managing BMW brings notable advantages, but it also introduces challenges related to data quality, privacy, costs, infrastructure, and ethical

considerations. To tackle these issues, collaboration among healthcare facilities, technology providers, researchers, and policymakers is essential. Enhancing data accessibility and quality through standardized and precise BMW data is vital for effective AI-driven decision-

making. It's also important to ensure data security and compliance with regulations to foster trust in these systems. Investing in AI infrastructure, including smart sensors and IoT devices, can facilitate real-time monitoring and management of BMW. Continuous research and innovation, supported by partnerships between academia, industry, and government, are crucial for developing AI solutions that address BMW challenges. Training programs for waste management professionals can empower them to utilize AI technologies effectively. Ethical and social issues, such as job displacement and environmental justice, should be discussed with ethicists, policymakers, and community representatives. Pilot projects can showcase the practicality and advantages of AI in BMW management, helping to build public confidence. Furthermore, clear regulatory frameworks and standards are necessary to ensure the responsible and ethical use of AI technologies in biomedical waste management.

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